

# SEPTEMBER 2017

# DanceWellPDX.com

<b>SUNDAY</b> Tigard	<b>MONDAY</b> Tigard	<b>TUESDAY</b> Tigard & Parkrose	<b>WEDNESDAY</b> Tigard & NW Portland	<b>THURSDAY</b> Tigard	<b>FRIDAY</b> All Studios	<b>SATURDAY</b> Tigard
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**Locations**  
 Tigard=(T) NW Portland=(NW)  
 Parkrose=(P) Youth=(Y)

**EARLYBIRD DISCOUNTS END 2-DAYS PRIOR TO 1st CLASS.**  
**L1=Intro or Beginner -L2=Mid-Level -L3=Intermediate**  
 www.dancewellballroom.com PHONE: 503.241.0460 Ext.0  
 Owner/Director Linda Springstead

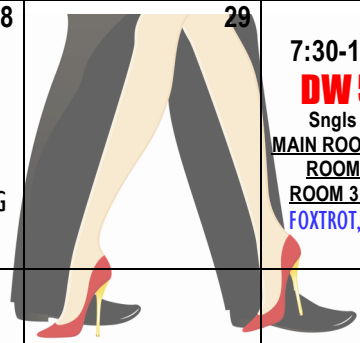
**Labor Day weekend**

3 <b>Labor Day weekend</b>	4 <b>Labor day</b>	5 7:30p (T) <b>L2-Mid-Level CHARLESTON</b> 8:30p (T) <b>L2 LINDY HOP</b> 7p (P) <b>L1 INTRO POLKA</b>	6 8p (T) <b>L3-Intermediate HUSTLE</b> 8:30p (NW) <b>L1-Beginner HUSTLE</b>	7 7p (T) <b>L2-Mid-Level QUICKSTEP</b> 8-10:30p Tigard \$5 <b>DW THURSDAY DANCE</b> (Singles & Couples Welcome) Mini-Lesson: CHA CHA	8	9 7:30-11pm in Tigard <b>DW SOCIAL</b> Sngls & Cpls, Beg-Adv MAIN ROOM: VARIETY SOCIAL ROOM 2: WEST COAST ROOM 3: SALSA, BACHATA POLKA, SALSA, EAST COAST
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10 11a (T) <b>Y2-Mid-Level YOUTH 6-16: WALTZ</b> 12p (T) <b>Y1-Beginner YOUTH 6-16 SALSA</b> 6p (T) <b>L1 BOLERO</b>	11 7:30p (T) <b>L2-Mid-Level CHA CHA</b> 8:30p (T) <b>L1-Beginner WALTZ</b>	12 7:30p (T) <b>CHARLESTON</b> 8:30p (T) <b>LINDY HOP</b> 7p (P) <b>INTRO POLKA</b>	13 8p (T) <b>HUSTLE</b> 8:30p (NW) <b>HUSTLE</b>	14 7p (T) <b>QUICKSTEP</b> 8-10:30p Tigard \$5 <b>DW THURSDAY DANCE</b> Mini-Lesson: FOXTROT	15	16 <i>Private Lessons are available every day</i>
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17 11a (T) <b>Y2 YOUTH</b> 12p (T) <b>Y1 YOUTH BEG.</b>	18 7:30p (T) <b>CHA CHA</b> 8:30p (T) <b>BEG WALTZ</b>	19 7:30p (T) <b>CHARLESTON</b> 8:30p (T) <b>LINDY HOP</b> 7p (P) <b>L1 FOXTROT</b>	20 8p (T) <b>HUSTLE</b> 8:30p (NW) <b>HUSTLE</b>	21 7p (T) <b>QUICKSTEP</b> 8-10:30p Tigard \$5 <b>DW THURSDAY DANCE</b> (Singles & Couples Welcome) Mini-Lesson: SALSA	22	23 <b>Note this calendar is not final.</b> <b>Check Updates online.</b> <b>Updated 15-Sep-17</b>
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24 11a (T) <b>Y2 YOUTH</b> 12p (T) <b>Y1 YOUTH BEG.</b>	25 7:30p (T) <b>CHA CHA</b> 8:30p (T) <b>BEG WALTZ</b>	26 7:30p (T) <b>CHARLESTON</b> 8:30p (T) <b>LINDY HOP</b> 7p (P) <b>FOXTROT</b>	27 8p (T) <b>HUSTLE</b> 8:30p (NW) <b>HUSTLE</b>	28 7p (T) <b>QUICKSTEP</b> 8-10:30p Tigard \$5 <b>DW THURSDAY DANCE</b> (Singles & Couples Welcome) Mini-Lesson: EAST COAST SWING	29	30 7:30-11pm in Tigard <b>DW 5th PARTY</b> Sngls & Cpls, Beg-Adv MAIN ROOM: VARIETY SOCIAL ROOM 2: WEST COAST ROOM 3: SALSA, BACHATA FOXTROT, BACHATA, E.CCOAST
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## Check online for most current Calendar updates

**PAY ONLINE & SAVE EVEN MORE !**

[www.dancewellballroom.com](http://www.dancewellballroom.com)

[linda@dancewellballroom.com](mailto:linda@dancewellballroom.com)

**PHONE #: (503) 241-0460 Ext.0**

Ask about Specials Packages  
& Gift Certificates

- \*REPEAT BEGINNER Class Series @ \$25
- \*Seniors: \$1 off Dropin Classes and Parties
- \*Family discounts

## GROUP CLASS PRICING SPECIALS

MOST CLASSES BEGIN 1ST WEEK OF MONTH. SAVE TIME BY ENROLLING ONLINE — PAY BY CASH, CHECK OR CREDIT CARD ONLINE OR ON 1st DAY OF CLASS

SAVE MORE WHEN PREPAYING CLASSES

### 1) Youth INTRO (Y1)

\$30 4-wks Earlybird / or \$10 Daily Drop-in

### 2) Youth MID-LEVEL (Y2)

\$35/ 4-wks Earlybird / or \$10 Daily Drop-in

### 3) Adult INTRO or BEGINNER

\$35 4-wks Earlybird / or \$12 Daily Drop-in

### 4) Adult INTERMEDIATE or ADVANCED

\$40/ 4-wks Earlybird / or \$12 Daily Drop-in

\*\*Classes not meeting a minimum student count may be cancelled; Classes are 50-55-min.

\*\* (Sorry, no refunds or credit for missed classes)

**\*Prepay your classes & Save \$\$**

**\*Monthly RockENROLL Special \$150/person:**  
Unlimited Classes PLUS Thursday Night Parties

**PRIVATE LESSONS: \$40-\$75**

Note that the buildings where we hold classes are separate businesses from DanceWell. When enrolling from a location remember to ask for Linda Springstead and DanceWell, or look for (DW) classes.

**DANCEWELL  
MAILING ADDRESS:  
POB 230771  
Tigard OR 97281**

## CLASS LEVELS

GROUP CLASS: *Each class builds on skills learned in the previous months. Repeat several times to master skills.*

YOUTH CLASSES: 6-16 years old.

## CLASS PROGRESSION:

**L1: (Beginner. No experience needed)**

**L2: (Mid-Level, Beyond Beginner. Suggest 1-3 months experience)**

*Variations & Lead/Follow skills. Repeat*

**L3: (Intermediate or "Silver". Suggest 3 months to 1 year experience).** *Higher Level Variations & technique for social dancing, & choreography.*

**L4: (Advanced. "Silver II or Gold". Suggest 1-3 year experience).** *Variations & technique, performance moves, & choreography.*

**TEACHER TRAINING :** Full Bronze American Program— 15 steps of each dance in two months as Leader and Follower. (8 hours instruction monthly) - PLUS—Dance parties & unlimited classes included. Prepare for certification in the DVIDA syllabus.



## 4 LOCATIONS:

**TIGARD DanceWell @ BDC**

8900 SW Commercial Ste.B  
Old Town TIGARD 97223

**PARKROSE DanceWell @ PDA**

4848 NE 105th Ste.B (Sandy & 105th)  
PORTLAND 97220

**BEAVERTON DanceWell @ ?**

Searching for a new Beaverton location.

**NORTHWEST PORTLAND DanceWell @ RCS**

1420 NW 17th Ste.88th (NW 17th & Pettigrove)  
PORTLAND 97209

## PUBLIC DANCE EVENTS

### DW THREE ROOM SATURDAY SOCIAL

**7:30-11:30pm MONTHLY: 2nd SATURDAYS**

**2-3 ROOMS: Variety Social Ballroom | WCS & Hustle | Salsa**

**\*\*3 Mini-Lessons - Pick one—(Various Social styles) OR (Hustle, WCS) OR (Salsa, Bachata)**

**Cover: \$10 (Bring-a-Friend-for-FREE)**

Socializing and dancing, and a casual or dressy evening.

Occasionally theme "costume". (a simple mask or other item with regular clothes is still a costume...)

**CHECK THE CALENDAR FOR THEME DANCE LISTINGS**

**Location: Tigard**

### DW THURSDAY DANCE

**8-10:30pm WEEKLY**

**1 ROOM: Ballroom, Latin, Swing, Nightclub, WCS, Salsa MIX**

**30-min. Beginning Lesson' Cover: \$5—Instructor/Emcee: Various**  
Guided practicas with five instructors attending. Mixers and fun for all plus great practice & clear beats.

**Location: Tigard**

## CURRENT DANCEWELL INSTRUCTORS:

Linda Springstead —Owner/Director/Instructor  
(L to R) Patti, Gary, Linda, Rick, Lisa, Nick