# **OCTOBER 2017**

# **DanceWellPDX.com**

SUNDAY Tigard	<b>MONDAY</b> Tigard	<b>TUESDAY</b> Tigard & Parkrose	WEDNESDAY Tigard & NW Portland	THURSDAY Tigard	FRIDAY All Studios	SATURDAY Tigard
1 IIa <b>(T)</b> YL2-YOUTH WALTZ-2 I2p <b>(T)</b> YL1-YOUTH FOXTROT	7:30p <b>(T)</b> L1 SALSA 8:30p <b>(T)</b> L2 WALTZ	7:30p <b>(T)</b> L1 RUMBA 7p <b>(P)</b> L1 CHA CHA 8p <b>(P)</b> L3-NIGHTCLUB 2-STEP	4 8p <b>(T)</b> L3 HUSTLE	7p (T) L3 FOXTROT Int'l 8-10:30p Tigard \$5 DW THURSDAY DANCE (Singles & Couples Welcome) Mini-Lesson: WALTZ	Locations (T) Tigard (Y) Youth (P) Parkrose (NW) NW Portland	
8 IIa (T) Y2 YOUTH I2p (T) Y1 YOUTH BEG. 5-7p (T) TEACHER TRAINING COURSE — East Coast Swing (pre-registration only)	7:30p <b>(T)</b> SALSA 8:30p <b>(T)</b> WALTZ	730p (T) RUMBA 830p (T) EAST COAST 7p (P) CHA CHA 8p (P) NIGHTCLUB 2-STEP	8p <b>(T)</b> HUSTLE	7p (T) FOXTROT  8-10:30p Tigard \$5  DW THURSDAY DANCE (Singles & Couples Welcome) Mini-Lesson: NIGHTCLUB 2-STEP	13	7:30-11:30pm in Tigard SATURDAY SOCIAL Sngls & Cpls, Beg-Adv MAIN ROOM: VARIETY SOCIAL 2 PRACTICE ROOMS: SWING/WEST COAST/HUSTLE & SALSA/BACHATA TANGO, SALSA, EAST COAST
IIa (T) Y2 YOUTH I2p (T) Y1 YOUTH BEG. 5-7p (T) TT COURSE- East Coast Swing	7:30p <b>(T)</b> SALSA 8:30p <b>(T)</b> WALTZ	730p (T) RUMBA 830p (T) EAST COAST 7p (P) CHA CHA 8p (P) NIGHTCLUB 2-STEP	8p <b>(T)</b> HUSTLE	7p <b>(T)</b> FOXTROT 8-10:30p Tigard \$5 <b>DW THURSDAY DANCE</b> Mini-Lesson: WEST COAST SWING	PRIOR TO L1=Intro L2=M	COUNTS END 2-DAYS 21 D 1st CLASS. Dr Beginner - id-Level - ermediate
22 IIa (T) Y2 YOUTH I2p (T) Y1 YOUTH BEG.  5-7p (T) TT COURSE- East Coast Swing	7:30p <b>(T)</b> SALSA 8:30p <b>(T)</b> WALTZ	7:30p (T) RUMBA 8:30p (T) EAST COAST 7p (P) CHA CHA 8p (P) NIGHTCLUB 2-STEP	8p (T) HUSTLE	7p (T) FOXTROT 8-10:30p Tigard \$5 DW THURSDAY DANCE (Singles & Couples Welcome) Mini-Lesson: RUMBA	linda@dance	3.241.0460 Ext.0 28 Wellballroom.com Wellballroom.stead
NO CLASSES  5-7p (T) TT COURSE — East Coast Swing	7:30p (T) WORKSHOP: LATIN ARM STYLING	HAPPY HALLOWEEN		Note this calendar is no Check Updates onli www.dancewellpdx <u>Updated 7-Oct-</u> rivate Lessons are available	ine .com <u>17</u>	

Check online for most current Calendar updates PAY ONLINE & SAVE EVEN MORE! www.dancewellballroom.com linda@dancewellballroom.com PHONE #: (503) 241-0460 Ext.0

Ask about Specials Packages & Gift Certificates

\*REPEAT BEGINNER Class Series @ \$25 \*Seniors: \$1 off Dropin Classes and Parties \*Family discounts

#### **GROUP CLASS PRICING SPECIALS**

MOST CLASSES BEGIN 1ST WEEK OF MONTH. SAVE TIME BY ENROLLING ONLINE — PAY BY CASH, CHECK OR CREDIT CARD ONLINE OR ON 1st DAY OF CLASS

### **FOUR PRICING LEVELS FOR CLASSES**

1) Youth INTRO (Y1) \$30 4-wks Earlybird / or \$10 Daily Drop-in

2) Youth MID-LEVEL (Y2) \$35/4-wks Earlybird / or \$10 Daily Drop-in

3) Adult INTRO or BEGINNER \$35 4-wks Earlybird / or \$12 Daily Drop-in

4) Adult INTERMEDIATE or ADVANCED \$40/4-wks Earlybird / or \$12 Daily Drop-in

\*\*Classes not meeting a minimum student count may be cancelled; Classes are 50-55-min. \*\*(Sorry, no refunds or credit for missed classes)

\*Prepay your classes & Save \$\$
\*Monthly RockENROLL Special \$150/person:
Unlimited Classes PLUS Thursday Night Parties
PRIVATE LESSONS: \$40-\$75

Note that the buildings where we hold classes are separate businesses from DanceWell. When enrolling from a location remember to ask for Linda Springstead and DanceWell, or look for (DW) classes.

DANCEWELL MAILING ADDRESS: POB 230771 Tigard OR 97281

#### **CLASS LEVELS**

<u>GROUP CLASS:</u> Each class builds on skills learned in the previous months. Repeat several times to master skills.

YOUTH CLASSES: 6-16 years old.

#### **CLASS PROGRESSION:**

L1: (Beginner. No experience needed) L2: (Mid-Level, Beyond Beginner. Suggest 1-3 months experience)

Variations & Lead/Follow skills. Repeat L3: (Intermediate or "Silver". Suggest 3 months to 1 year experience). Higher Level Variations & technique for social dancing, & choreography.

L4: (Advanced. "Silver II or Gold". Suggest 1—3year experience). Variations & technique, performance moves, & choreography.

TEACHER TRAINING: Full Bronze American Program—15 steps of each dance in two months as Leader and Follower. (8 hours instruction monthly) - PLUS—Dance parties & unlimited classes included. Prepare for certification in the DVIDA syllabus.



#### 4 LOCATIONS:

TIGARD DanceWell @ BDC 8900 SW Commercial Ste.B Old Town TIGARD 97223

PARKROSE DanceWell @ PDA 4848 NE 105th Ste.B (Sandy & 105th) PORTLAND 97220

**BEAVERTON** DanceWell @ ? Searching for a new Beaverton location.

NORTHWEST PORTLAND DanceWell @ RCS 1420 NW 17th Ste.88th (NW 17th & Pettigrove) PORTLAND 97209

#### **PUBLIC DANCE EVENTS**

#### **DW SATURDAY SOCIAL**

7:30-11:30pm MONTHLY: 2nd SATURDAYS

MAIN ROOM: Variety Social Ballroom + 2 PRACTICE ROOMS: WCS & Hustle | Salsa/Bachata

\*\*3 Mini-Lessons - Pick one—(Various Social styles) OR (Hustle,

**\*\*3 Mini-Lessons - Pick one**—(Various Social styles) UR (Hustle West Coast, Swing ) OR (Salsa, Bachata)

Cover: \$10 (Bring-a-Friend-for-FREE)

Socializing and dancing, and a casual or dressy evening. Occasionally theme "costume". (a simple mask or other item with regular clothes is still a costume...)

CHECK THE CALENDAR FOR THEME DANCE LISTINGS

Location: Tigard

## **DW THURSDAY DANCE**

8-10:30pm WEEKLY

1 ROOM: Ballroom, Latin, Swing, Nightclub, WCS, Salsa MIX 30-min. Beginning Lesson' Cover: \$5—Instructor/Emcee: Various Guided practicas with five instructors attending. Mixers and fun for all plus great practice & clear beats.

Location: Tigard

#### **CURRENT DANCEWELL INSTRUCTORS:**

Linda Springstead — Owner/Director/Instructor (L to R) Patti, Gary, Linda, Rick, Lisa, Nick