

**<Email your Class Requests> for Next Month**

# OCTOBER

**3-4 WEEK SERIES -- NEW CLASSES BEGIN 1<sup>st</sup> WEEK OF MONTH**

Beginner-1   Pre-Intermediate-2   Intermediate-3   Advanced-4

**\*\*HEADS UP! PAPER CALENDARS ARE OFTEN OUTDATED\*\***

**\*\*Greyed Squares = Not Final\*\***

**dancewellballroom.com**

Updated October 4, 2026

| SUNDAY                                                                                                                                                                                                                                                                                                                                                                                                                      | MONDAY                                                            | TUESDAY                                                                                                                         | WEDNESDAY                                                      | THURSDAY | FRIDAY                                                                                                                       | SATURDAY                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|----------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                   |                                                                                                                                 |                                                                | 1        | 2                                                                                                                            | --Aloha--<br>7:30 PM ALOHA \$12<br><b>SATURDAY SOCIAL</b><br>Lesson: SWING            |
| --Aloha--<br>3 PM CHA CHA-1<br>4 PM EAST COAST<br>SWING-2<br>5 PM Tek: WALTZ                                                                                                                                                                                                                                                                                                                                                | --Aloha--<br>7:30 PM NIIGHTCLUB<br>2STEP-1<br>8:30 PM QUICKSTEP-2 | --Parkrose--<br>1 PM WEST COAST<br>SWING <b>[PREREG]</b><br>7 PM WALTZ-2<br>8 PM Mastery Routine:<br><b>SILVER AMER FOXTROT</b> | --Aloha--<br>7 PM BACHATA-2<br>8 PM FOXTROT-3<br>International |          | --Aloha--<br>7 PM MONTHLY<br>WORKSHOP: CLUB-<br>TEK                                                                          | --Parkrose--<br><br>                                                                  |
| --Aloha--<br>3 PM CHA CHA-1<br>4 PM EAST COAST<br>SWING-2<br>5 PM Tek: RUMBA Amer                                                                                                                                                                                                                                                                                                                                           | --Aloha--<br>7:30 PM NIGHTCLUB<br>2STEP-1<br>8:30 PM QUICKSTEP-2  | --Parkrose--<br>1 PM WEST COAST<br>SWING<br>7 PM WALTZ-2<br>8 PM Mastery Routine:<br><b>SILVER AMER FOXTROT</b>                 | --Aloha--<br>7 PM BACHATA-2<br>8 PM FOXTROT-3<br>International |          | --Aloha--<br><br>                                                                                                            | --Parkrose--<br><b>1-3 PM \$7 DANCE:<br/>AFTERNOON HANG</b>                           |
| --Aloha--<br>3 PM CHA CHA-1<br>4 PM EAST COAST<br>SWING-2<br>5 PM Tek: WEST COAST<br>SWING                                                                                                                                                                                                                                                                                                                                  | --Aloha--<br>7:30 PM NIGHTCLUB<br>2STEP-1<br>8:30 PM QUICKSTEP-2  | --Parkrose--<br>1 PM WEST COAST<br>SWING<br>7 PM WALTZ-2<br>8 PM Mastery Routine:<br><b>SILVER AMER FOXTROT</b>                 | --Aloha--<br>7 PM BACHATA-2<br>8 PM FOXTROT-3<br>International |          | --Parkrose--<br><b>7:30 PM DANCE \$12<br/>4<sup>TH</sup> FRIDAY NITE<br/>VARIETY SOCIAL</b><br>Lesson: HALLO-<br>SWING THING |                                                                                       |
| --Aloha--<br>3 PM CHA CHA-1<br>4 PM EAST COAST<br>SWING-2<br><b>5-7 PM \$5 DANCE:<br/>LATE-DAY HANG</b>                                                                                                                                                                                                                                                                                                                     | --Aloha--<br>7:30 PM NIGHTCLUB<br>2STEP-1<br>8:30 PM QUICKSTEP-2  | --Parkrose--<br>7 PM WALTZ-2<br>8 PM Mastery Routine:<br><b>SILVER AMER FOXTROT</b>                                             | --Aloha--<br>7 PM BACHATA-2<br>8 PM FOXTROT-3<br>International |          |                                                                                                                              |  |
| <p align="center"><b>MONTHLY DEALS end last day of prior month.</b></p> <p align="center">24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. <a href="#">Create Account</a> <a href="#">Drop in Schedule</a></p> <p align="center">DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828</p> <p align="center"><a href="#">Parkrose PDX</a> 4848 NE 105th 97220 <a href="#">Aloha Beaverton</a> 3425 SW 185th 97006</p> |                                                                   |                                                                                                                                 |                                                                |          |                                                                                                                              |                                                                                       |

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Updated September 23, 2026

# NOVEMBER

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Beginner-1   Pre-Intermediate-2   Intermediate-3   Advanced-4

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| SUNDAY                                                                                                                                                                                                                                                                                                                                                                   | MONDAY                                                             | TUESDAY                                                                         | WEDNESDAY                                                      | THURSDAY                                                                             | FRIDAY                                                                                      | SATURDAY                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| --Aloha--<br>3 PM WEST COAST SWING-1<br>4 PM CHA CHA-2<br>5 PM Tek Series: TANGO                                                                                                                                                                                                                                                                                         | --Aloha--<br>7:30 PM VIENNESE WALTZ-1<br>8:30 PM NIGHTCLUB 2STEP-2 | --Parkrose--<br>1 PM BACHATA [PREREG]<br>7:30 PM LINDY HOP-1<br>8:30 PM WALTZ-2 | --Aloha--<br>7 PM CHA CHA-3<br>8 PM FOXTROT-3<br>International |                                                                                      |                                                                                             | --Aloha--<br>7:30 PM DANCE \$12<br>SATURDAY SOCIAL<br>Lesson: SWING |
| --Aloha--<br>3 PM WEST COAST SWING-1<br>4 PM CHA CHA-2<br>5 PM Tek Series: EAST COAST SWING                                                                                                                                                                                                                                                                              | --Aloha--<br>7:30 PM VIENNESE WALTZ-1<br>8:30 PM NIGHTCLUB 2STEP-2 | --Parkrose--<br>1 PM BACHATA<br>7:30 PM LINDY HOP-1<br>8:30 PM WALTZ-2          | --Aloha--<br>7 PM CHA CHA-3<br>8 PM FOXTROT-3<br>International |                                                                                      | --Aloha--<br>7 PM MONTHLY WORKSHOP: BALLROOM-TEK                                            | --Parkrose--                                                        |
| --Aloha--<br>3 PM CHA CHA-1<br>4 PM EAST COAST SWING-2<br>5 PM Tek: BACHATA                                                                                                                                                                                                                                                                                              | --Aloha--<br>7:30 PM VIENNESE WALTZ-1<br>8:30 PM NIGHTCLUB 2STEP-2 | --Parkrose--<br>1 PM BACHATA<br>7:30 PM LINDY HOP-1<br>8:30 PM WALTZ-2          | --Aloha--<br>7 PM CHA CHA-3<br>8 PM FOXTROT-3<br>International |                                                                                      | --Aloha--                                                                                   | --Parkrose--<br>1-3 PM \$7 DANCE: AFTERNOON HANG                    |
| --Aloha--<br>3 PM CHA CHA-1<br>4 PM EAST COAST SWING-2<br>5-7 PM \$5 DANCE: LATE-DAY HANG                                                                                                                                                                                                                                                                                | --Aloha--<br>7:30 PM VIENNESE WALTZ-1<br>8:30 PM NIGHTCLUB 2STEP-2 | --Parkrose--<br>1 PM BACHATA<br>7:30 PM LINDY HOP-1<br>8:30 PM WALTZ-2          | --Aloha--                                                      |  | --Parkrose--<br>7:30 PM DANCE \$12<br>4TH FRIDAY NITE VARIETY SOCIAL<br>Lesson: T-DAY AFTER |                                                                     |
| --Aloha--                                                                                                                                                                                                                                                                                                                                                                | --Aloha--                                                          |                                                                                 |                                                                |                                                                                      |                                                                                             |                                                                     |
| <div>MONTHLY DEALS end last day of prior month.</div> <div>24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. <a href="#">Create Account</a> <a href="#">Drop in Schedule</a></div> <div>DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828</div> <div><a href="#">Parkrose PDX</a> 4848 NE 105th 97220 <a href="#">Aloha Beaverton</a> 3425 SW 185th 97006</div> |                                                                    |                                                                                 |                                                                |                                                                                      |                                                                                             |                                                                     |

**DANCING & PROGRAM FAQ's**

Have a dance you want taught? Use the Rewards Program--See Rewards tab from Profile

**Costs**

- **Private Instruction:** Affordable Personalized Instruction by Request. Social & hobbyist instruction in International & American Styles. \$95 per hour. Packages & Gifts available. Wedding & event prep packages.

- **Group Dance Classes:** \$20 per visit Walk-Ins, \$55-\$65 4-Weeks beginning 1<sup>st</sup> week of month. Youth 15-20 years \$20-\$25/series.

-**Unlimited Class MEMBERSHIP**  
\$120 per month RockENROLL Monthly Auto-Pay  
ALL the classes and parties you want for a great price! **Refer a friend, save \$5 monthly!**

**Locations -Group Classes**

The DanceWell Program is a separate business entity in two locations. Both are plain outside but lovely & with great dance floors inside!

**Parkrose Ballroom in NE PDX**

4848 NE 105th, 97220  
N.E. Sandy Blvd.&105th. — 2nd Floor, enter on 105th. Parking: 105<sup>TH</sup> & in Rose Café Lot - or in Shopping Center lot on Sandy.

**Aloha Grange near Beaverton**

3425 SW 185th Ave 97006  
TV Hwy — 185th & Alexander St., grey free-standing building, 2nd Floor, enter on 185th. Parking in Big Lots parking lot or street.

More INFO: [Home Page](#) > [DAILY CLASS UPDATES](#)  
[Parkrose / NE Portland](#)   [Aloha / Beaverton](#)



**GROUP CLASS INFORMATION**

- ~ Singles and Couples welcome
- **ONLINE BOOKING** ends 1 day before class; book paid or unpaid.
- **MONTHLY PREPAY DEALS** end the last day of the previous month
- ~ Series: 3-4 weeks — begins first week of month
- ~ **Class Skill Levels**  
BEGINNER MONTH 1   PRE-INTERMEDIATE-2  
INTERMEDIATE-3   ADVANCED-4

**REGISTER FOR CLASSES & PARTIES**

Begin on Home Page: Navigate to **FULL CLASS SEARCH** and type in all or part of the CLASS or PARTY NAME in the SEARCH BAR >> then ENROLL. or use **DROP IN SCHEDULE** -- or see the printable **MONTHLY PLANNER CALENDAR**  
Email [linda@dancewellballroom.com](mailto:linda@dancewellballroom.com)  
Call us on 503-241-0460  
Text us on 503-850-0828

**DROPPING IN TO A GROUP CLASS?**

Choose **DAILY CLASS UPDATES** button on Home Page. CONFIRM CLASS 2-3 HOURS BEFORE CLASS. [Create an Account](#) and add your credit card info to pay by cash. [Log in](#)  
[Video Library](#) > Help Videos, Class Review Vids...

**Current Instructors**

Owner/Director/Instructor Linda Springstead.  
Instructors: Rick Davis,  
Assist. Instructors: Judy McFarlane,  
DANCEWELL MAILING ADDRESS:  
POB 230771 Tigard OR 97281

*\*Remember to sign up early and invite your friends so the classes you want are a GO! Cancelled class, purchases refunded to DW account. \*Cash Walk-Ins welcome — Check DAILY CALENDAR UPDATES 2-4 hours prior to confirm class status before "DROPPING IN". \*Sorry, no refunds when you cancel or miss classes except in emergency situations.*

**DANCEWELL PDX**

(503) 241-0460  
[dancewellballroom.com](http://dancewellballroom.com)



Ballroom, Latin, Swing, Nightclub & Country Dance Classes --& Parties.

