

DanceWell PDX Schools

<Email your Class Requests> for Next Month

AUGUST

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH

Beginner-1 Pre-Intermediate-2 Intermediate-3 Advanced-4

****HEADS UP! PAPER CALENDARS ARE OFTEN OUTDATED****

****Greyed Squares = Not Final****

dancewellballroom.com

Updated August 8, 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						--Aloha-- 7:30 PM ALOHA \$12 SATURDAY SOCIAL Lesson: SAMBA
--Aloha-- 3 PM SALSA-1 Cuban 4 PM WEST COAST SWING-2 5 PM NIGHTCLUB 2STEP-2	--Aloha-- 7:30 PM HUSTLE-1 8:30 PM FOXTROT-2 International	--Parkrose-- 7:30 PM RUMBA-1 American box 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM RUMBA-2 International 8 PM TANGO-3		--Aloha--	--Parkrose--
--Aloha-- 3 PM SALSA-1 Cuban 4 PM WEST COAST SWING-2 5 PM NIGHTCLUB 2STEP-2	--Aloha-- 7:30 PM HUSTLE-1 8:30 PM FOXTROT-2 International	--Parkrose--	--Aloha--		--Aloha-- 7 PM WORKSHOP: LATIN DANCES TECH & STYLING	
--Aloha-- 3 PM SALSA-1 Cuban 4 PM WEST COAST SWING-2 5 PM NIGHTCLUB 2STEP-2	--Aloha-- 7:30 PM HUSTLE-1 8:30 PM FOXTROT-2 International	--Parkrose--	--Aloha-- 7 PM RUMBA-2 International 8 PM TANGO-3		--Parkrose-- 7:30 PM \$12 DANCE 4 TH FRIDAY NITE SOCIAL Lesson: CHA CHA	
--Aloha-- 3 PM SALSA-1 Cuban 4 PM WEST COAST SWING-2 5-7 PM \$5 DANCE: LATE-DAY HANG	--Aloha-- 7:30 PM HUSTLE-1 8:30 PM FOXTROT-2 International	--Parkrose-- 7:30 PM RUMBA-1 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM RUMBA-2 International 8 PM TANGO-3			
--Aloha--	--Aloha--	MONTHLY DEALS end last day of prior month. 24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. Create Account Drop in Schedule DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006				

<Email your Class Requests> for Next Month

dancewellballroom.com

Updated August 15, 2026

SEPTEMBER

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH

Beginner-1 Pre-Intermediate-2 Intermediate-3 Advanced-4

****HEADS UP! PAPER CALENDARS ARE OFTEN OUTDATED****

****Greyed Squares = Not Final****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		--Parkrose-- 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International			--Aloha-- 7:30 PM ALOHA \$12 SATURDAY SOCIAL- HATS Lesson: WALTZ
--Aloha--	--Aloha-- 	--Parkrose--	--Aloha--		--Aloha--	--Parkrose--
--Aloha-- 3 PM EAST COAST SWING-1 4 PM SALSA-2 Cuban 5 PM WEST COAST SWING-2	--Aloha-- 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International	12 PM OKTOBERFEST MOUNT ANGEL	--Aloha-- 7 PM WORKSHOP: BALLROOM DANCES TECH & STYLING	
--Aloha-- 3 PM EAST COAST SWING-1 4 PM SALSA-2 Cuban 5 PM WEST COAST SWING-2	--Aloha-- 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International		--Parkrose-- 7:30 PM \$12 DANCE 4 TH FRIDAY NITE SOCIAL Lesson: WALTZ	
--Aloha-- 3 PM EAST COAST SWING-1 4 PM SALSA-2 Cuban 5-7 PM \$5 DANCE: LATE-DAY HANG	--Aloha-- 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International			
MONTHLY DEALS end last day of prior month. 24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. Create Account Drop in Schedule DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006						

<Email your Class Requests> for Next Month

OCTOBER

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH
 Beginner-1 Pre-Intermediate-2 Intermediate-3 Advanced-4
****HEADS UP! PAPER CALENDARS ARE OFTEN OUTDATED***
****Greyed Squares = Not Final****

dancewellballroom.com

Updated August 9, 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	--Aloha-- 3 7:30 PM ALOHA \$12 SATURDAY SOCIAL- HATS Lesson: WALTZ
--Aloha-- 4 3 PM CHA CHA-1 4 PM WEST COAST SWING-2 5 PM EAST COAST SWING-2	--Aloha-- 5 7:30 PM WEST COAST SWING-1 8:30 PM QUICKSTEP-2	--Parkrose-- 6 12:45 PM LINE DANCE 7:30 PM WALTZ-1 8:30 PM RUMBA-2 Amer	--Aloha-- 7 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International	8	--Aloha-- 9	--Parkrose-- 10
--Aloha-- 11 3 PM CHA CHA-1 4 PM WEST COAST SWING-2 5 PM EAST COAST SWING-2	--Aloha-- 12 7:30 PM WEST COAST SWING-1 8:30 PM QUICKSTEP-2	--Parkrose-- 13 12:45 PM LINE DANCE 7:30 PM WALTZ-1 8:30 PM RUMBA-2 Amer	--Aloha-- 14	15	--Aloha-- 16 7 PM WORKSHOP: BALLROOM DANCES TECH & STYLING	17
--Aloha-- 18 3 PM CHA CHA-1 4 PM WEST COAST SWING-2 5 PM EAST COAST SWING-2	--Aloha-- 19 7:30 PM WEST COAST SWING-1 8:30 PM QUICKSTEP-2	--Parkrose-- 20 12:45 PM LINE DANCE 7:30 PM WALTZ-1 8:30 PM RUMBA-2 Amer	--Aloha-- 21 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International	22	--Parkrose-- 23 7:30 PM \$12 DANCE 4 TH FRIDAY NITE SOCIAL Lesson: WALTZ	24
--Aloha-- 25 3 PM CHA CHA-1 4 PM WEST COAST SWING-2 5-7 PM \$5 DANCE: LATE-DAY HANG	--Aloha-- 26 7:30 PM WEST COAST SWING-1 8:30 PM QUICKSTEP-2	--Parkrose-- 27 12:45 PM LINE DANCE 7:30 PM WALTZ-1 8:30 PM RUMBA-2 Amer	--Aloha-- 28 7 PM EAST COAST TRIPLE SWING-3 8 PM FOXTROT-3 International	29	30	31 
MONTHLY DEALS end last day of prior month. 24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. Create Account Drop in Schedule DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006						

Updates: 8/1/2026

[DANCING & PROGRAM FAQ's](#)

Have a dance you want taught? Use the **Rewards Program**—See Rewards tab from Profile

Costs

- Private Instruction: Affordable Personalized Instruction by Request. Social & hobbyist instruction in International & American Styles. \$95 per hour. Packages & Gifts available. Wedding & event prep packages.

- Group Dance Classes: \$20 per visit Walk-Ins, \$55-\$65 4-Weeks beginning 1st week of month. Youth 15-20 years \$20-\$25/series.

-Unlimited Class MEMBERSHIP

\$120 per month RockENROLL Monthly Auto-Pay
ALL the classes and parties you want for a great price! **Refer a friend, save \$5 monthly!**

Locations -Group Classes

The DanceWell Program is a separate business entity in two locations. Both are plain outside but lovely & with great dance floors inside!

Parkrose Ballroom in NE PDX

4848 NE 105th, 97220

N.E. Sandy Blvd.&105th. — 2nd Floor, enter on 105th. Parking: 105TH & in Rose Café Lot - or in Shopping Center lot on Sandy.

Aloha Grange near Beaverton

3425 SW 185th Ave 97006

TV Hwy — 185th & Alexander St., grey free-standing building, 2nd Floor, enter on 185th. Parking in Big Lots parking lot or street.

More INFO: [Home Page](#) > [DAILY CLASS UPDATES](#)

Parkrose / NE Portland Aloha / Beaverton



GROUP CLASS INFORMATION

~ Singles and Couples welcome

- **ONLINE BOOKING** ends 1 day before class; book paid or unpaid.

- **MONTHLY PREPAY DEALS** end the last day of the previous month

~ Series: 3-4 weeks — begins first week of month

~ Class Skill Levels

BEGINNER MONTH 1 PRE-INTERMEDIATE-2
INTERMEDIATE-3 ADVANCED-4

REGISTER FOR CLASSES & PARTIES

Begin on Home Page: Navigate to **FULL CLASS SEARCH** and type in all or part of the CLASS or PARTY NAME in the SEARCH BAR >> then ENROLL. or use **DROP IN SCHEDULE** -- or see the printable **MONTHLY PLANNER CALENDAR**

Email linda@dancewellballroom.com

Call us on 503-241-0460

Text us on 503-850-0828

DROPPING IN TO A GROUP CLASS?

Choose **DAILY CLASS UPDATES** button on Home Page. CONFIRM CLASS 2-3 HOURS BEFORE CLASS. [Create an Account](#) and add your credit card info to pay by cash. [Log in](#) [Video Library](#) > Help Videos, Class Review Vids...

Current Instructors

Owner/Director/Instructor Linda Springstead.

Instructors: Rick Davis,

Assist. Instructors: Judy McFarlane,

DANCEWELL MAILING ADDRESS:

POB 230771 Tigard OR 97281

**Remember to sign up early and invite your friends so the classes you want are a GO! Cancelled class, purchases refunded to DW account. *Cash Walk-Ins welcome — Check DAILY CALENDAR UPDATES 2-4 hours prior to confirm class status before "DROPPING IN". *Sorry, no refunds when you cancel or miss classes except in emergency situations.*

DANCEWELL PDX

(503) 241-0460

dancewellballroom.com



Ballroom, Latin, Swing, Nightclub & Country Dance Classes --& Parties.

