

DanceWell PDX Schools <Email your Class Requests> for Next Month 2026

MAY

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH


Beginner-1 Pre-Intermediate-2 Intermediate-3 Advanced-4

****HEADS UP! PAPER CALENDARS MAY BE OUTDATED****

Greyed Squares = NOT FINAL

dancewellballroom.com

Updated May 10, 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MONTHLY DEALS end last day of prior month.</p> <p>24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. Create Account Drop in Schedule</p> <p>DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828</p> <p>Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006</p>						
--Aloha-- 3	--Aloha-- 4	--Parkrose-- 5	--Aloha-- 6	7	--Aloha-- 8	1 --Aloha-- 2
4 PM WEST COAST-2 5 PM TANGO-2	7:30 PM EAST COAST SWING-1	7:30 PM NIGHTCLUB 2- STEP-1 8:30 PM WEST COAST SWING-2	7 PM QUICKSTEP-3 8 PM FOXTROT-4		7 PM Preregister WORKSHOP: LATIN & RHYTHM STYLING	7:30 PM \$12 DANCE 1 st Saturday SUPER SOCIAL HANGOUT Lesson: NIGHTCLUB 2
--Aloha-- 10	--Aloha-- 11	--Parkrose-- 12	--Aloha-- 13	14	15	--Parkrose-- 16
4 PM WEST COAST-2 5 PM TANGO-2	7:30 PM EAST COAST SWING-1	7:30 PM NIGHTCLUB 2- STEP-1 8:30 PM WEST COAST SWING-2	7 PM QUICKSTEP-3 8 PM FOXTROT-4			
--Aloha-- 17	--Aloha-- 18	--Parkrose-- 19	--Aloha-- 20	21	--Parkrose-- 22	23
4 PM WEST COAST-2 5-7 PM \$5 DANCE: LATE-DAY HANG	7:30 PM EAST COAST SWING-1	7:30 PM NIGHTCLUB 2- STEP-1 8:30 PM WEST COAST SWING-2	7 PM QUICKSTEP-3 8 PM FOXTROT-4		7:30 PM \$12 DANCE 4 TH FRIDAY SUPER SOCIAL HANGOUT Lesson: NIGHTCLUB 2STEP	
--Aloha-- 24	--Aloha-- 25	--Parkrose-- 26	27	28	29	30
			7 PM QUICKSTEP-3 8 PM FOXTROT-4			
--Aloha-- 31	NO DANCE JULY 4TH					
5 PM TANGO-2						


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JUNE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 --Parkrose-- 12 PM EAST COAST SWING 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	3 --Aloha-- 7 PM SAMBA-3 8 PM WALTZ-4	4	5 7 PM FIELDTRIP: SESAME CLUB, Norse Hall	6 --Aloha-- 7:30 PM \$12 DANCE 1st Saturday HANGOUT Lesson: CHA CHA
7 --Aloha-- 3 PM BACHATA-1 4 PM WEST COAST SWING-2 5 PM VIENNESE WALTZ-1	8 --Aloha-- 7:30 PM SALSA-1 8:30 PM EAST COAST SWING-2	9 --Parkrose-- 12 PM EAST COAST SWING 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	10 --Aloha-- 7 PM SAMBA-3 8 PM WALTZ-4	11	12 --Aloha-- 7 PM WORKSHOP: BALLROOM STANDARD TECHNIQUE	13 --Parkrose-- 11:45 AM WORKSHOP: NIGHTCLUB 2STEP 1-3 PM \$7 DANCE: SAT. AFTERNOON HANG w/Lesson
14 --Aloha-- 3 PM BACHATA-1 4 PM WEST COAST SWING-2 5 PM VIENNESE WALTZ-1	15 --Aloha-- 7:30 PM SALSA-1 8:30 PM FOXTROT-2	16 --Parkrose-- 12 PM EAST COAST SWING 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	17 --Aloha-- 7 PM SAMBA-3 8 PM WALTZ-4	18 2-3-day FIELDTRIP: BEACH TRIP	19	20 
21 --Aloha-- 3 PM BACHATA-1 4 PM WEST COAST SWING-2 5 PM VIENNESE WALTZ-1	22 --Aloha-- 7:30 PM SALSA-1 8:30 PM FOXTROT-2	23 --Parkrose-- 12 PM EAST COAST SWING 7:30 PM WALTZ-1 8:30 PM WEST COAST SWING-2	24 --Aloha-- 7 PM SAMBA-3 8 PM WALTZ-4	25	26 --Parkrose-- 7:30 PM \$12 DANCE 4TH FRIDAY SUPER HANGOUT Lesson: CHA CHA	27
28 --Aloha-- 3 PM TANGO-1 4 PM WEST COAST-2.5 5-7 PM \$5 DANCE: LATE-DAY HANG	29 --Aloha--	30 --Parkrose--				NO DANCE JULY 4TH

MONTHLY DEALS end last day of prior month.
 24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. [Create Account](#) [Drop in Schedule](#)
 DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828
[Parkrose PDX](#) 4848 NE 105th 97220 [Aloha Beaverton](#) 3425 SW 185th 97006

[DANCING & PROGRAM FAQ's](#)

Have a dance you want taught? Use the [Rewards Program](#)—See Rewards tab from Profile

Costs

- **Private Instruction:** Singles & Couples \$85—\$95 Affordable Personalized Instruction by Request. Wedding & event preparation. Social & hobbyist instruction in International & American Styles. Packages & Gifts.

- **Group Dance Classes:** \$20 per visit Walk-Ins, \$45-\$60 4-Weeks beginning 1st week of month. Youth 15-20 years \$20/series.

Unlimited Class MEMBERSHIP

\$100 per month RockENROLL Monthly Auto-Pay A great way to take ALL the classes you want and practice at ALL our dance parties for a great price!

Group Classes in 2 Studio Locations

The DanceWell Program is a separate business entity in two locations. Both are plain outside but lovely & with great dance floors inside!

Parkrose Ballroom in NE PDX

4848 NE 105th, 97220
N.E. Sandy Blvd.&105th. — 2nd Floor, enter on 105th. Parking: 105TH & in Rose Café Lot - or in Shopping Center lot on Sandy.

Aloha Grange near Beaverton

3425 SW 185th Ave 97006
TV Hwy — 185th & Alexander St., grey free-standing building, 2nd Floor, enter on 185th. Parking in Big Lots parking lot or street.

More INFO: [Home Page](#) > [DAILY CLASS UPDATES](#)

[Parkrose / NE Portland](#) [Aloha / Beaverton](#)



GROUP CLASS INFORMATION

~ Singles and Couples welcome
- **ONLINE BOOKING** ends 1 day before class; book paid or unpaid.
- **MONTHLY PREPAY DEALS** end the last day of the previous month (25-40% off)
~ Series: 3-4 weeks — begins first week of month

Class Skill Levels

BEGINNER MONTH 1 PRE-INTERMEDIATE-2
INTERMEDIATE-3 ADVANCED-4

REGISTER FOR CLASSES & PARTIES

Begin on Home Page: Start with [CLASS SEARCH for a Series](#). Type all or part: **DANCE** or **CLASS**, **PARTY NAME** or **LOCATION** in **SEARCH BAR** >> **ENROLL**. or Goto [DROP IN SCHEDULE](#) or a printable [DOWNLOAD CALENDAR](#)

Or Email linda@dancewellballroom.com

Or Call us on 503-241-0460

Or Text us on 503-850-0828

DROPPING IN TO A GROUP CLASS?

Choose **DAILY CLASS UPDATES** button on Home Page. **CONFIRM CLASS 2-3 HOURS BEFORE CLASS**. [Create an Account](#) and add your credit card info to pay by cash. [Log in](#) [Video Library](#) > Help Videos, Class Review Vids...

Current Instructors

Owner/Director/Instructor Linda Springstead.

Instructors: Rick Davis,

Assist. Instructors: Judy McFarlane,

DANCEWELL MAILING ADDRESS:

POB 230771 Tigard OR 97281

**Remember to sign up early and invite your friends so the classes you want are a GO! Cancelled class, purchases refunded to DW account. *Cash Walk-Ins welcome —Check DAILY CALENDAR UPDATES 2-4 hours prior to confirm class status before "DROPPING IN". *Sorry, no refunds when you cancel or miss classes except in emergency situations.*

DANCEWELL PDX

(503) 241-0460

dancewellballroom.com



Ballroom, Latin, Swing, Nightclub & Country Dance Classes --& Parties.

