

DanceWell PDX Schools <Email your Class Request> for Next Month 2026

MAY

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH



Beginner-1 Pre-Intermediate-2 Intermediate-3 Advanced-4

****HEADS UP! PAPER CALENDARS MAY BE OUTDATED****

Greyed Squares = NOT FINAL

dancewellballroom.com

Updated May 2, 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MONTHLY DEALS end last day of prior month. 24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. Create Account Drop in Schedule DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006</p>						
--Aloha-- 3 4 PM WEST COAST-2 5 PM TANGO-2	--Aloha-- 4 7:30 PM EAST COAST SWING-1	--Parkrose-- 5 7:30 PM NIGHTCLUB 2-STEP-1 8:30 PM WEST COAST SWING-2	--Aloha-- 6 7 PM QUICKSTEP-3 8 PM FOXTROT-4	7	--Aloha-- 8 7 PM Preregister WORKSHOP: LATIN & RHYTHM STYLING	1 --Aloha-- 2 7:30 PM \$12 DANCE 1 st Saturday SUPER SOCIAL HANGOUT Lesson: NIGHTCLUB 2
--Aloha-- 10 4 PM WEST COAST-2 5 PM TANGO-2	--Aloha-- 11 7:30 PM EAST COAST SWING-1	--Parkrose-- 12 7:30 PM NIGHTCLUB 2-STEP-1 8:30 PM WEST COAST SWING-2	--Aloha-- 13 7 PM QUICKSTEP-3 8 PM FOXTROT-4	14	15	--Parkrose-- 16
--Aloha-- 17 4 PM WEST COAST-2 5-7 PM \$5 DANCE: LATE-DAY HANG	--Aloha-- 18 7:30 PM EAST COAST SWING-1	--Parkrose-- 19 7:30 PM NIGHTCLUB 2-STEP-1 8:30 PM WEST COAST SWING-2	--Aloha-- 20 7 PM QUICKSTEP-3 8 PM FOXTROT-4	21	--Parkrose-- 22 7:30 PM \$12 DANCE 4 TH FRIDAY SUPER SOCIAL HANGOUT Lesson: NIGHTCLUB 2STEP	23 
--Aloha-- 24	--Aloha-- 25 	--Parkrose-- 26	27 7 PM QUICKSTEP-3 8 PM FOXTROT-4	28	29	30
--Aloha-- 31 5 PM TANGO-2						

DanceWell PDX Schools <Email your Class Request> for Next Month 2026

JUNE

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH
 Beginner-1 Pre-Intermediate-2 Intermediate-3 Advanced-4
****HEADS UP! PAPER CALENDARS MAY BE OUTDATED****
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Updated May 2, 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	--Aloha-- 7 PM SAMBA-3 8 PM WALTZ-4	3	4	5 --Aloha-- 7:30 PM \$12 DANCE 1 st Saturday HANGOUT Lesson: CHA CHA
--Aloha-- 7	--Aloha-- 7:30 PM SALSA-1 8:30 PM FOXTROT-2	--Parkrose-- 12 PM BACHATA 7:30 PM COUNTRY 2STEP-1 8:30 PM WEST COAST SWING-2	--Aloha-- 7 PM SAMBA-3 8 PM WALTZ-4	10	11	--Aloha-- 12 7 PM WORKSHOP: BALLROOM STANDARD TECHNIQUE
--Aloha-- 14 3 PM TANGO-1 4 PM WEST COAST-2.5	--Aloha-- 15 7:30 PM SALSA-1 8:30 PM FOXTROT-2	--Parkrose-- 16 12 PM BACHATA 7:30 PM COUNTRY 2STEP-1 8:30 PM WEST COAST SWING-2	--Aloha-- 17 7 PM SAMBA-3 8 PM WALTZ-4	18	19 7 PM WORKSHOP: BALLROOM STANDARD TECHNIQUE	20
--Aloha-- 21 3 PM TANGO-1 4 PM WEST COAST-2.5 5-7 PM \$5 DANCE: LATE-DAY HANG	--Aloha-- 22 7:30 PM SALSA-1 8:30 PM FOXTROT-2	--Parkrose-- 23 12 PM BACHATA 7:30 PM COUNTRY 2STEP-1 8:30 PM WEST COAST SWING-2	--Aloha-- 24 7 PM SAMBA-3 8 PM WALTZ-4	25	--Parkrose-- 26 7:30 PM \$12 DANCE 4 th FRIDAY SUPER HANGOUT Lesson: CHA CHA	27 
--Aloha-- 28 3 PM TANGO-1 4 PM WEST COAST-2.5	--Aloha-- 29 7:30 PM SALSA-1 8:30 PM FOXTROT-2	--Parkrose-- 30				

MONTHLY DEALS end last day of prior month.

24 Hr. ONLINE BOOKING CUTOFF-then DROP IN. [Create Account](#) [Drop in Schedule](#)

DanceWell PDX Schools Landline 503-241-0460 Textline 503-850-0828

[Parkrose PDX](#) 4848 NE 105th 97220 [Aloha Beaverton](#) 3425 SW 185th 97006

DANCING & PROGRAM FAQ's

Have a dance you want taught? Use the **Rewards Program**—See Rewards tab from Profile

Costs

- Private Instruction: Singles & Couples \$85—\$95
Affordable Personalized Instruction by Request.
Wedding & event preparation. Social & hobbyist instruction in International & American Styles.
Packages & Gifts.

- Group Dance Classes: \$20 per visit Walk-Ins, \$45-\$60 4-Weeks beginning 1st week of month.
Youth 15-20 years \$20/series.

Unlimited Class MEMBERSHIP

\$100 per month RockENROLL Monthly Auto-Pay
A great way to take ALL the classes you want and practice at ALL our dance parties for a great price!

Group Classes in 2 Studio Locations

The DanceWell Program is a separate business entity in two locations. Both are plain outside but lovely & with great dance floors inside!

Parkrose Ballroom in NE PDX

4848 NE 105th, 97220
N.E. Sandy Blvd.&105th. — 2nd Floor, enter on 105th. Parking: 105TH & in Rose Café Lot - or in Shopping Center lot on Sandy.

Aloha Grange near Beaverton

3425 SW 185th Ave 97006
TV Hwy — 185th & Alexander St., grey free-standing building, 2nd Floor, enter on 185th. Parking in Big Lots parking lot or street.

More INFO: [Home Page](#) > [DAILY CLASS UPDATES](#)

Parkrose / NE Portland Aloha / Beaverton



~ Singles and Couples welcome
- **ONLINE BOOKING** ends 1 day before class; book paid or unpaid.
- **MONTHLY PREPAY DEALS** end the last day of the previous month (25-40% off)
~ Series: 3-4 weeks — begins first week of month
~ **Class Skill Levels**
BEGINNER MONTH 1 PRE-INTERMEDIATE-2
INTERMEDIATE-3 ADVANCED-4

REGISTER FOR CLASSES & PARTIES

Begin on Home Page: Start with **CLASS SEARCH for a Series** Type all or part: DANCE or CLASS, PARTY NAME or LOCATION in SEARCH BAR >> ENROLL. or Goto **DROP IN SCHEDULE** or a printable **DOWNLOAD CALENDAR**

Or Email linda@dancewellballroom.com

Or Call us on 503-241-0460

Or Text us on 503-850-0828

DROPPING IN TO A GROUP CLASS?

Choose **DAILY CLASS UPDATES** button on Home Page. CONFIRM CLASS 2-3 HOURS BEFORE CLASS. [Create an Account](#) and add your credit card info to pay by cash. [Log in](#)
[Video Library](#) > Help Videos, Class Review Vids...

Current Instructors

Owner/Director/Instructor Linda Springstead.

Instructors: Rick Davis,

Assist. Instructors: Judy McFarlane,

DANCEWELL MAILING ADDRESS:

POB 230771 Tigard OR 97281

**Remember to sign up early and invite your friends so the classes you want are a GO! Cancelled class, purchases refunded to DW account. *Cash Walk-Ins welcome —Check DAILY CALENDAR UPDATES 2-4 hours prior to confirm class status before "DROPPING IN". *Sorry, no refunds when you cancel or miss classes except in emergency situations.*

dancewellballroom.com



Ballroom, Latin, Swing, Nightclub & Country Dance Classes --& Parties.



DANCEWELL PDX

(503) 241-0460

GROUP CLASS INFORMATION