

DanceWell PDX Schools

-- OPEN FOR BOOKING--

MAY

3-4 WEEK SERIES -- NEW CLASSES BEGIN 1st WEEK OF MONTH
 - (1) Beginner -(2) Pre-Intermediate -(3) Intermediate -(4) Advanced

dancewellballroom.com

Updated 5/17/2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Click to BOOK A CLASS EARLYBIRD ends last day of prior month. Online BOOKING ends 1 day before a class. Check DAILY CALENDAR UPDATES before Dropping In		Landline 503-241-0460 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006 DanceWell PDX Schools HOME PAGE		--Parkrose-- 1 12 PM \$5 NOON MINI- DANCE BOOK	--Parkrose-- 2 6:30 PM CHA CHA -Beaverton-Elsie Stuhr- 10 AM 55+ Ballroom Class	--Aloha-- 3 7:30 PM \$10 DANCE 1st Saturday SOCIAL Lessons: PEATBODY CHARLESTON BOOK
--Parkrose-- 4 4 PM FOXTROT-1 5 PM WEST COAST SWING-1 6 PM LINDY HOP SWING-1 --Aloha-- PRIVATE EVENT	--Aloha-- 5 7:30 PM HUSTLE-1 8:30 PM WALTZ-2 American Social	--Parkrose-- 6 6 PM RUMBA-2 American 7 PM WEST COAST SWING-3 8 PM \$5 DANCE: BALLROOM MIX BOOK	--Parkrose-- 7 1 PM Daytime FOXTROT --Aloha-- 7 PM RUMBA-2 International 8 PM HUSTLE-3 -Beaverton-Elsie Stuhr- 1:45-2 PM 55+ Swing Class	--Parkrose-- 8 12 PM \$5 NOON MINI- DANCE BOOK	--Parkrose-- 9 --Aloha-- 6 PM STYLING & TECH WORKSHOP- SMOOTH & STANDARD -Beaverton-Elsie Stuhr- 10 AM 55+ Ballroom Class	10
--Parkrose-- 11 5 PM WEST COAST SWING-2 --Aloha-- 5PM WEST COAST SWING-1 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 12 7:30 PM HUSTLE-1 8:30 PM WALTZ-2 American	--Parkrose-- 13 6 PM RUMBA-2 7 PM WEST COAST SWING-3 8 PM \$5 MINI-DANCE: BALLROOM MIX BOOK	--Parkrose-- 14 12 PM Daytime HUSTLE 1 PM Daytime FOXTROT --Aloha-- 7 PM RUMBA-2 International 8 PM HUSTLE-3 -Beaverton-Elsie Stuhr- 1:45-2 PM 55+ Swing Class	--Parkrose-- 15 12 PM \$5 NOON VARIETY DANCE BOOK	--Parkrose-- 16 -Beaverton-Elsie Stuhr- 10 AM 55+ Ballroom Class	17
--Parkrose-- 18 5 PM WEST COAST SWING-2 --Aloha-- 5 PM WEST COAST SWING-1 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 19 7:30 PM HUSTLE-1 8:30 PM WALTZ-2 American	--Parkrose-- 20 7 PM \$5 POP-UP DANCE PARTY: Ballroom-Swing-Latin Variety Mix	--Parkrose-- 21 12 PM Daytime HUSTLE 1 PM Daytime FOXTROT -Beaverton-Elsie Stuhr- 1:45-3 PM 55+ Swing Class	--Parkrose-- 22 12 PM \$5 NOON VARIETY DANCE BOOK	--Parkrose-- 23 6:30 PM WORKSHOP BOOK CHARLESTON 7:30 PM \$10 DANCE 4TH FRIDAY BALLROOM SOCIAL Lesson: PEABODY BOOK	24
--Parkrose-- 25 --Aloha--	--Aloha-- 26 	--Parkrose-- 27 6 PM RUMBA-2 7 PM WEST COAST SWING-3 8 PM \$5 DANCE: BALLROOM MIX BOOK	--Parkrose-- 28 12 PM Daytime HUSTLE 1 PM Daytime FOXTROT --Aloha-- 7 PM RUMBA-2 Int'l 8 PM HUSTLE-3 -Beaverton-Elsie Stuhr- 1:45 PM 55+ Swing Class	29	30 -Beaverton-Elsie Stuhr- 10 AM 55+ Ballroom Class	31

DanceWell PDX Schools -- [EMAIL US](#) TO REQUEST CLASSES IN JUNE --

JUNE

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NEW MONTH POSSIBLE CLASSES LISTED IN RED

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--Parkrose-- 1 3 PM FOXTROT-1 4 PM WEST COAST SWING-2 5 PM COUNTRY TWO-STEP-1 6 PM CHA CHA-1 --Aloha-- 3 PM SAMBA-1 4 PM NIGHTCLUB 2-STEP 5 PM WEST COAST SWING-2 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 2 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 3 6 PM RUMBA-3 7 PM WEST COAST SWING-3 8 PM \$5 DANCE: BALLROOM MIX BOOK	--Parkrose-- 4 11 AM Daytime EAST COAST SWING 12 PM Daytime FOXTROT-1 1 PM Daytime FOXTROT-2 --Aloha-- 7 PM CHA CHA-3 8 PM WALTZ-4 PICTURE LINE	--Parkrose-- 5 12 PM SAMBA	--Parkrose-- 6 6:30 PM EAST COAST SWING	--Aloha-- 7 7:30 PM \$10 DANCE 1st Saturday SOCIAL Lessons: FOXTROT BOOK
--Parkrose-- 8 3 PM FOXTROT-1 4 PM WEST COAST SWING-2 5 PM COUNTRY TWO-STEP-1 6 PM CHA CHA-1 --Aloha-- 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 9	--Parkrose-- 10 7 PM \$5 POP-UP DANCE: BALLROOM MIX BOOK	--Parkrose-- 11 11 AM Daytime EAST COAST 12 PM Daytime FOXTROT-1 1 PM Daytime FOXTROT-2 --Aloha--	--Parkrose-- 12 12 PM SAMBA	--Parkrose-- 13 6:30 PM EAST COAST SWING --Aloha-- 6 PM STYLING & TECH WORKSHOP- Latin/Rhythm	14
--Parkrose-- 15 3 PM FOXTROT-1 4 PM WEST COAST SWING-2 5 PM COUNTRY TWO-STEP-1 6 PM CHA CHA-1 --Aloha-- 3 PM SAMBA-1 4 PM RUMBA-2 5 PM WEST COAST SWING-2 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 16 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 17 6 PM RUMBA-3 7 PM WEST COAST SWING-3 8 PM \$5 MINI-DANCE: BALLROOM MIX BOOK	--Parkrose-- 18 11 AM Daytime EAST COAST 12 PM Daytime FOXTROT-1 1 PM Daytime FOXTROT-2 --Aloha-- 7 PM CHA CHA-3 8 PM WALTZ-4 PICTURE LINES	--Parkrose-- 19 12 PM SAMBA	--Parkrose-- 20 6:30 PM EAST COAST SWING	21
--Parkrose-- 22 3 PM FOXTROT-1 4 PM WEST COAST SWING-2 5 PM COUNTRY TWO-STEP-1 6 PM CHA CHA-1 --Aloha-- 3 PM SAMBA-1 4 PM RUMBA-2 5 PM WEST COAST SWING-2 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 23 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 24 6 PM RUMBA-3 7 PM WEST COAST SWING-3 8 PM \$5 DANCE: BALLROOM MIX BOOK	--Parkrose-- 25 11 AM Daytime EAST COAST 12 PM Daytime FOXTROT-1 1 PM Daytime FOXTROT-2 --Aloha-- 7 PM CHA CHA-3 8 PM WALTZ-4 PICTURE LINES	--Parkrose-- 26 12 PM SAMBA	--Parkrose-- 27 6:30 PM WORKSHOP BOOK BEGINNERS FOXTROT 7:30 PM \$10 DANCE 4TH FRIDAY BALLROOM Lessons: FOXTROT BOOK	28
--Parkrose-- 29 --Aloha-- 3 PM SAMBA-1 4 PM RUMBA-2 5 PM WEST COAST SWING-2 6 PM \$5 MINI-DANCE BOOK	--Aloha-- 30 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	Click to BOOK A CLASS EARLYBIRD ends last day of prior month. Online BOOKING ends 1 day before a class. Check DAILY CALENDAR UPDATES before Dropping In		Landline 503-241-0460 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006 DanceWell PDX Schools HOME PAGE		

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--Parkrose-- 7 4 PM COUNTRY TWO-STEP-2 5 PM CHARLESTON-1 6 PM CHA CHA-1 --Aloha--	--Aloha-- 8 7:30 PM QUICKSTEP-1 8:30 PM HUSTLE-2	--Parkrose-- 9 6 PM RUMBA-3 7 PM WEST COAST SWING-3 8 PM \$5 DANCE: BALLROOM MIX BOOK	--Parkrose-- 10 12 PM Daytime HUSTLE 1 PM Daytime FOXTROT --Aloha-- 7 PM BOLERO-2 8 PM PICTURE LINES-2	--Parkrose-- 11	--Parkrose-- 12 6:30 PM CHA CHA --Aloha-- 6 PM STYLING & TECH WORKSHOP- SMOOTH & STANDARD	13
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--Parkrose-- 28 3 PM FOXTROT-1 4 PM WEST COAST SWING-2 5 PM COUNTRY TWO-STEP-1 6 PM CHA CHA-1 --Aloha-- 3 PM SAMBA-1 4 PM RUMBA-2 5 PM WEST COAST SWING-2 6 PM \$5 MINI-DANCE BOOK	29	30	31	Landline 503-241-0460 Parkrose PDX 4848 NE 105th 97220 Aloha Beaverton 3425 SW 185th 97006 DanceWell PDX Schools HOME PAGE		

[DANCING & PROGRAM FAQ's](#)

Have a dance you want taught? Use the

[REQUEST-A-CLASS Survey Form](#)

Rewards Program—See Rewards tab from Profile

Costs

- Private Instruction: Singles & Couples \$85—\$95
Affordable Personalized Instruction by Request.

Wedding & event preparation. Social & hobbyist instruction in International & American Styles. Packages & Gifts.

- Group Dance Classes: \$20 per visit Walk-Ins, \$45-\$60 4-Weeks series beginning 1st week of month. Youth 15-20 years \$20/series.

Unlimited Class MEMBERSHIP

\$125 per month RockENROLL Monthly Auto-Pay
A great way to take ALL the classes you want and practice at ALL our dance parties for a great price!

Group Classes in 2 Studio Locations

The DanceWell Program is a separate business entity in two locations. Both are plain outside but lovely & with great dance floors inside!

Parkrose Ballroom in NE PDX

4848 NE 105th, 97220

N.E. Sandy Blvd.&105th. — 2nd Floor, enter on 105th. Parking on street or in Shopping Center lot.

Aloha Grange near Beaverton

3425 SW 185th Ave 97006

TV Hwy — 185th & Alexander St., grey free-standing building, 2nd Floor, enter on 185th. Parking in Big Lots parking lot or street.

More INFO: [Home Page](#) > [DAILY CLASS UPDATES](#)

[Parkrose / NE Portland](#) [Aloha / Beaverton](#)



GROUP CLASS INFORMATION

~ Singles and Couples welcome

- ONLINE BOOKING ends 1 day before class

- EARLYBIRD PRICING ends the last day of the previous month (25-40% off)

~ Series: 3-4 weeks — or 1-day Workshops

Class Skill Levels

BEGINNER MONTH 1 PRE-INTERMEDIATE-2

INTERMEDIATE-3 ADVANCED-4

REGISTER FOR CLASSES & PARTIES

[Special Events Link](#)

Begin on Home Page

VIEW offerings on [Calendar Preview](#) button

BOOK ONE CLASS: Goto Day/Date on [Daily Calendar Updates](#) >> Book Now

BOOK MULTIPLE CLASSES: [Log in](#) >> type NAME OF EACH DANCE in SEARCH BAR >> ENROLL

Or Email linda@dancewellballroom.com

Or Call us on 503-241-0460

Or Text us on 503-850-0828

DROPPING IN TO A GROUP CLASS?

Choose **DAILY CLASS UPDATES** button on Home Page. CONFIRM CLASS 2-3 HOURS BEFORE CLASS. [Create an Account](#) and add your credit card info to pay by cash.

[Video Library](#) > Help Videos, Class Review Vids...

Current Instructors

Owner/Director/Instructor Linda Springstead.

Full instructors: Rick Davis, Patti Drewry.

Assist. Instructors: Judy McFarlane, Syd Pappas.

DANCEWELL MAILING ADDRESS:

POB 230771 Tigard OR 97281

**Remember to sign up early and invite your friends so the classes you want are a GO! Cancelled class, purchases refunded to DW account. *Cash Walk-Ins welcome —Check DAILY CALENDAR UPDATES 2-4 hours prior to confirm class status before “DROPPING IN”. *Sorry, no refunds when you cancel or miss classes except in emergency situations.*

DANCEWELL PDX

(503) 241-0460

dancewellballroom.com



Ballroom, Latin, Swing, Nightclub & Country Dance Classes --& Parties.



*Scan QR Code for more INFO