

**Have you seen  
Championship Ballroom  
Dancing on the Public  
Broadcast Television?  
Well, we can't promise  
you'll be on TV, but here at  
DanceWell we're ready to  
turn you into a star.**



**Are you worried that you don't have a  
partner? You can dance with your  
instructor at the competitions. Then, get  
ready to handle all those phone calls from  
would-be partners as they watch you  
improve. Good luck!**

**DanceSport Competitions  
are set up so that even  
beginners can participate.  
In the special Newcomers  
category you need only  
have taken lessons for as  
few as 2 or 3 months. Try it!  
If you like it, you can  
progress through the  
Bronze, Silver, and Gold  
levels.**



**"The greatest oak was once a  
little nut who held it's  
ground".**

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# DANCESPORT

## Frequently Asked Questions



# DANCE SPORT

Fun! *inspiration* silver  
goals *gold* HOBBY PROGRESS  
bronze

## **What is DanceSport?**

A Ballroom Dance “DanceSport” Competition is an organized dance event that invites people of all ages and levels to participate in the sport and hobby of Ballroom Dancing. It is usually held at a hotel so that dancers from all over the country can participate. Competition, shows and general dancing from morning till midnight for two days! Spectators can see dancing at all levels - from beginners through professional, and witness live, some of the finest Ballroom Dancing in the world today.

## **Why dance in a competition?**

Besides fun, excitement, challenge and accelerated learning, what more? DanceSport competitions create a clear goal for you and your dancing. By having a date to shoot for, you will find that you get more \$\$ value out of your lessons and classes because of your new focus. Hobbyist students who compete tend to learn faster and dance with more technique and style than those who take lessons for social dancing only. Camaraderie among competitors, receiving and giving encouragement, measuring improvement in skills from event to event, all causes most of us to feel a sense of accomplishment, and we are inspired to learn more and more

## **What if I'm a beginner?**

The competitions are set up to include dancers at all levels. The newcomer division is designed for students who have been dancing just a few months.

## **What if I don't like competitions?**

Most people who participate in Ballroom Dance Competitions are not in it for winning. The way we approach it is more like you are competing with yourself. It's an opportunity to set a goal, work hard, then go out and do it.

## **Who do I dance with and what is the format?**

If you have a partner, you may dance together. Most people however, do not have partners in the early stages of learning so they dance with their teachers. This is called Pro-Am or Student-Teacher.

## **What is the cost?**

The entry fees vary somewhat with each competition, but generally it costs \$45 - \$65 to dance in a group event with several couples on the floor, and \$60 - \$110 to dance a solo routine. In addition, an event ticket usually costs about \$14 per day, more if you attend the evening dinner/show/dance.

## **Id like to try that - Now what?**

Great! We are excited and so pleased to have you participate! Now we'll make a plan of action! Which dance steps to use, how to create and keep a beautiful dance frame, how to navigate a large floor, what are the expectations of the judges - in short, preparati preparation, preparation! Your teacher will tell you all the details of the particular competition coming up such as dates, what you will dance, what you will wear, when to show up, etc. We know you will have a great time and will learn a lot!

